

# Stress Resiliency Products

Product	Patient Profile	Bacopa	Holy Basil	Ashwagandha Root Extract	Rhodiola	Eleuthero	Phosphatidylserine	Licorice Root Extract	L-Theanine	Adrenal Concentrate (Bovine)
<b>HPA Axis with Cognitive Support</b> <b>NuAdapt</b> Stress Reduction Formula	Patients who are stressed and wired with decreased focus/attention	✓		✓	✓	✓	✓		✓	
	<b>TruAdapt</b> Stress Recovery Formula	Patients who are stressed and tired with decreased memory/immune challenges		✓	✓	✓	✓		✓	
		<b>TruAdapt Plus</b> Stress Recovery Formula	Patients who are stressed and tired with decreased memory/immune challenges		✓	✓	✓		✓	
<b>HPA Axis Support</b> <b>AdreneVive</b>	Patients who are stressed and wired			✓	✓	✓	✓		✓	
	<b>Adapten-All</b>	Patients who are stressed and tired			✓	✓	✓		✓	
		<b>Adren-All</b>	Patients who are stressed and tired				✓	✓		✓



DIURNAL CORTISOL LEVELS

		High/Normal	Normal	Low/Normal
CAR	High/Normal	<p>Initial high stress <b>AdreneVive</b></p> <p>Initial high stress with focus decline <b>NuAdapt</b></p>	<p>In times of agitation <b>AdreneVive</b></p> <p>In apathetic times <b>Adren-All/Adapten-All</b></p> <p>In times of agitation with decreased mental clarity <b>NuAdapt</b></p> <p>In apathetic times with decreased memory <b>TruAdapt Plus/TruAdapt</b></p>	<p>Prolonged high stress <b>Adren-All/Adapten-All</b></p> <p>Prolonged stress with focus decline <b>TruAdapt Plus/TruAdapt</b></p>
	Normal	<p><b>Appropriate response to stress</b></p> <p>Initial stress <b>AdreneVive</b></p> <p>Initial stress with focus decline <b>NuAdapt</b></p>	<p><b>Appropriate response to stress</b></p> <p>Use lifestyle management to maintain optimal health</p>	<p>Prolonged high stress <b>Adren-All/Adapten-All</b></p> <p>Prolonged high stress with focus decline <b>TruAdapt Plus/TruAdapt</b></p>
	Low/Normal	<p><b>Depleted NT and HPA response</b></p> <p>Prolonged high stress <b>AdreneVive</b></p> <p>Prolonged high stress with memory decline <b>NuAdapt</b></p>	<p><b>Depleted NT and HPA response</b></p> <p>In times of agitation <b>AdreneVive</b></p> <p>In apathetic times <b>Adren-All/Adapten-All</b></p> <p>In times of agitation with decreased mental clarity <b>NuAdapt</b></p> <p>In apathetic times with decreased memory <b>TruAdapt Plus/TruAdapt</b></p>	<p><b>Depleted NT and HPA response</b></p> <p>Prolonged high stress <b>Adren-All/Adapten-All</b></p> <p>Prolonged high stress with memory decline <b>TruAdapt Plus/TruAdapt</b></p>